References for The Post Running Injury Coaches Certification Program


Adrian MJ, Cooper JM. The biomechanics of Human Movement Indianapolis, Ind; Benchmark Press; 1989: 362-363


Department of the Army. Physical Fitness Training 2-6 - 2-10. Field Manual; 21-20.


Department of the Navy Headquarters United States Marine Corps. MCO P6100.12C 472TP.


ISB Congress. Brussels, Belgium.


MarathonGuide.com Staff. USA Marathoning: 2010 Overview.


Murphy, V.F. The efficacy of subplantar cushioning in modulating ground reaction force and total impulse in normal walking gait. March 2004 http://www.medicalengineer.co.uk/pages/rehabilitation-engineering/gait-analysis.html


Stephen M. Pribut, DPM. Selecting and Fitting a Running Shoe http://drpribut.com/sports/spshoe_fit.html 2009 Feb 2


VALERIE BEZDEK, v. VIBRAM USA INC. and VIBRAM FIVEFINGERS LLC. Case 1:12-cv-10513-DPW March 2012


